

Suzanne Candell, Ph.D.
Licensed Psychologist
Clinical Health Psychologist
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Professional Credentials

- Licensed Psychologist (LP 3830), Minnesota Board of Psychology, 11/97

Education

- University of Minnesota, Minneapolis
 - Master's Equivalency, 1997
 - Doctorate conferred in Psychology, 11/03
- Brown University, Providence, Rhode Island
 - Bachelor of Arts conferred in Comparative Literature, 5/86

Professional Memberships

- Minnesota Society of Clinical Hypnosis
 - Board of Directors, 2005 to 2007
- Minnesota Psychological Association
- American Society of Clinical Hypnosis
 - Certified Consultant in Clinical Hypnosis

Professional Psychology Experience

- **Clinical health Psychologist, Minnesota Head and Neck Pain Clinic, St. Paul** 6/05 to present
 - Provide health psychological assessment and treatment to patients with head, neck, TMJ, FMS and facial pain as part of a mutidisciplinary clinic
- **Psychologist in Private Practice, Minneapolis** 10/01 to present
 - Provide assessment and psychotherapy to adults and couples, with specialties in health psychology, psychodynamic treatment of depression and anxiety, and treatment of childhood and adult traumas.
- **Clinical Health Psychologist, University of Minnesota Physicians, Minneapolis** 2/04 to 5/05
 - Provided health psychological assessment and treatment to primary care center outpatients
 - Conducted pre-surgical psychological assessments for patients seeking bariatric surgery
 - Provided psychological consultation services at Fairview University Hospital
- **Consulting Psychologist, People Incorporated Epilepsy Services, Minneapolis** 10/03 to 9/04
 - Provided monthly consultation to Epilepsy Services counseling staff.
- **Psychologist, Rehab Without Walls, Roseville** 9/02 to 2/04
 - Provided in-home assessment and brief health psychological treatment to enhance independent functioning in rehabilitation patients as part of a multi-disciplinary team.
- **Community Program Associate, Department of Psychiatry, University of Minnesota, Minneapolis** 5/02 to 7/04
 - Co-developed and conducted stress management counseling protocol as part of a smoking cessation study.
- **Lead Clinician, Cigna Behavioral Health, Eden Prairie** 4/00 to 2/01
 - Provided clinical case consultation to 18 licensed mental health professionals engaged in utilization review of mental health cases.
 - Assisted with management and oversight of care management team.
 - Resigned position to work on dissertation, develop private practice.

- **Outpatient Care Manager, Cigna Behavioral Health, Eden Prairie** 4/98 to 4/00
 - Performed telephonic case review with mental health clinicians to determine medical necessity.
 - Provided telephonic crisis intervention to insured members with mental health or substance abuse emergencies.
- **Clinical Health Psychologist, MINCEP Epilepsy Care, Minneapolis** 11/97 to 4/98

Psychology Traineeships

• **Pre-doctoral Intern**

MINCEP Epilepsy Care 9/95 to 10/97

- Conducted psychological assessments using interviews and objective test data.
- Provided psychotherapy to adults and families affected by epilepsy.
- Provided internal and external consultation to medical and social service professionals.
- Cognitive-behavioral, psychodynamic, and interpersonal orientations used.

• **Practicum Student**

Crisis Intervention Center, Hennepin County Medical Center 6/95 to 9/95

- Performed assessment, crisis stabilization interventions, and referrals for adults and adolescents with psychiatric emergencies.

Boynton Mental Health Services, University of Minnesota 9/94 to 6/95

- Provided brief and longer-term therapy to University of Minnesota students with anxiety, mood, personality and psychotic disorders.

Metropolitan State University, Minneapolis 6/93 to 8/94

- Provided brief and longer-term therapy to Metropolitan State University students with anxiety, mood, personality, and psychotic disorders.
- Conducted pre-employment screening for Peace Officer applicants.
- Conducted psychodynamic group therapy with students.

Walk-In Counseling Center, Minneapolis 3/93 to 9/93

- Provided brief, solution-focused therapy for individuals and couples.

University Counseling Service, University of Minnesota 9/92 to 5/93

- Provided brief therapy to University of Minnesota students with mood, anxiety, eating, and vocational/academic adjustment disorders.

Professional Consulting and Training Experience

- **Independent Consultant** 11/98
 - Analyzed statewide member satisfaction data used by the quality improvement team at a national health insurance company.
- **Workshop Facilitator for the University of Minnesota Employee Assistance Program** 2/96 to 6/96
 - Developed and implemented a custom workshop for a unit of university administration.
 - Presented workshops on coping with workplace change to university employees.
- **Independent Organizational Consultant** 6/95
 - Co-developed and presented a teambuilding workshop for 30 marketing professionals.
- **Organization Development Consultant with ODCorp, Minneapolis** 1/91 to 9/91
 - Performed assessments and interventions to help client organizations improve quality.
 - Co-facilitated teambuilding and action planning with management groups of 12-25.
- **Trainer and Consultant with Rape Victim Advocates (RVA), Chicago** 9/87 to 9/88
 - Hired to update RVA's crisis intervention training manual used by emergency room staff and volunteer advocates, and volunteered to train new advocates in crisis intervention.
 - Officer and member, Board of Directors.

Awards

2011 Daniel P. Kohen Outstanding Clinician Award, Minnesota Society of Clinical Hypnosis
2002-03 Gloria J. Randahl Counseling Psychology Fellowship
1994-95 Department of Psychology Fellowship
1992 Award for Legal Outcomes of Rape Crisis Research, Grants in Aid Committee of the American Psychology/Law Society (Division 41, APA)
1991-92 Department of Psychology Fellowship
1991-92 Tuition Fellowship

Presentations

Treating the Complex Pain Patient: Addressing the Lingering Effects of Psychological Trauma, as part of the workshop Topics in Mind Body Medicine: Management of Chronic Pain. Minnesota Society of Clinical Hypnosis, Rochester, MN, 5/4/13.

Utilization: How To Design Hypnotic Interventions Harnessing Your Own and Your Patient's Unique Qualities, co-presented with Mark Weisberg, Ph.D., ABPP, Minnesota Society of Clinical Hypnosis, St. Paul, MN. 11/10/12.

Psychophysiological Regulation Therapy for the Complex Patient With Insomnia, co-presented with Mark Weisberg, Ph.D., ABPP, to the Sleep Fellows, University of MN Sleep Disorders Center, Fairview, Minneapolis, MN. 9/13/12

Hypnosis in the Treatment of Psychophysiological Disorders, as part of the workshop Hypnosis in Health Care. Minnesota Society of Clinical Hypnosis, Duluth, MN. 4/21/07

Evaluations of Medical Patients, co-presented with William Robiner, Ph.D., ABPP, as part of the conference Professional Writing for Psychologists: Common Mistakes, Easy Solutions, and Best Practice Tips. Minnesota Psychological Association, Bloomington, MN. 12/10/04

Epilepsy: Health and Emotions, as part of the conference Women with Epilepsy: Issues and Implications. Epilepsy Foundation of Minnesota, Minneapolis, MN. 3/14/98.

Publications

Kotlyar, M., Brauer, L.H., al'Absi, M., Adson, D. E., Robiner, W. Thuras, P., Harris, J., Finocchi, M.E. Bronars, C.A., Candell, S., et al. (2006). Effect of bupropion on physiological measures of stress in smokers during nicotine withdrawal. Pharmacology Biochemistry and Behavior, 83(3), 370-379.

Frazier, P., Candell, S., Arikian, N., & Tofteland, A. (1994). Rape survivors and the legal system. In Costanzo, M., & Oskamp, S. (Eds.), Violence and the Law. Thousand Oaks, CA: Sage.

Frazier, P., Valtinson, G., & Candell, S. (1994). Evaluation of a coeducational interactive rape prevention program. Journal of Counseling and Development, 73(2), 153-158.